

Our Presenter



Cindy Molini has long been a friend to Saint Andrew. With the encouragement and support of the people of Saint Andrew, she became a Disciples of Christ pastor nearly 10 years ago. She has served several communities-and currently is the pastor of Lawson United Christian and Presbyterian Church in Lawson, MO. Cindy has a BA in Religious Studies and English from Benedictine College in Atchison, KS and a MA in Theological Studies from Loyola University in New Orleans, LA. She has worked as a campus minister, a high school theology teacher, a chaplain in a domestic violence shelter and as an advocate for troubled youth. She is passionate about peace and justice and her spirituality is deeply informed by her love of the natural world.

Music



Music will be provided by **Rachael Rule**. Rachael has studied piano performance at Central Michigan University and the University of Missouri-Kansas City. She is particularly interested in contemporary music and music by female composers.

Service Projects

Our service project this year is to support the work of **Care Beyond the Boulevard**, a free clinic offered by Micah Ministries. This clinic provides care for urgent and chronic health needs. Their current urgent need is for items to include in hygiene/medical kits: feminine hygiene products, combs, razors, protein snacks, batteries, and gloves. Cash donations are also useful.



Book Swap

Our annual book swap is a great way to share books you're ready to pass along, and pick up something you'd love to read. Any leftovers are donated to charity.

Tall Oaks

Located on 350 beautiful woodland acres, Tall Oaks is a camp, retreat and conference center two miles east of Linwood, Kansas (about 30 minutes from Saint Andrew). Check out the Tall Oaks website, talloaks.org, for more information.



SAINT ANDREW
CHRISTIAN CHURCH

13890 West 127th Street, Olathe, KS 66062
913-764-5888 • www.sacchome.org • office@sacchome.org

Saint Andrew Christian Church
Women's Retreat
May 4-5, 2018
Tall Oaks Conference Center



Keeping Our
Hearts Open:
a spiritual response
to chaos

Retreat Description

We will take an honest look at the spiritual challenges of the present historical moment. More than ever, we are called to remember the deep roots of our Christian faith, to find a sense of purpose and meaning in struggle and the personal resilience to stay engaged.

Opening Session - *We Were Made for These Times*: "We are needed, that is all we can know. And though we meet resistance, we will meet great souls who will hail us, love us and guide us, and we will know when they appear."
- *Clarissa Pinkola Estes*

Morning Session - *Reverence Revisited*:
It is all about how we look at life...how we engage with life...how we stay open to pain...how we give thanks.

Afternoon Session - *Where Two or Three are Gathered*: Why community matters more than ever ... engaging with the "stranger" ...seeking out the diversity which does not come naturally to us.

Interest Groups

Options for Saturday - 10:45 & 12:45

- Mindfulness & Movement with **Cheryl Giles**
- Improve Your Sleep: basics of CBT-I (cognitive-behavioral treatment for insomnia) - with **Debra Johnson**
- Holistic Art - with **Lindsay Waller**

Retreat Schedule

Friday, May 4

- 5:00 Registration & Check-in
- 6:00 Dinner
- 7:00-8:30 Opening Session/**Cindy Molini**
- 8:45 Campfire

Saturday, May 5

- 7:30 Tai Chi & Morning Meditation/**Ann Karasek & Jody Gyulay**
- 8:30 Breakfast
- 9:30-10:30 Morning Session/**Cindy Molini**
- 10:45-11:45 Interest Groups
- 12:00 Lunch
- 12:45-1:45 Interest Groups
- 2:00-3:00 Afternoon Session/**Cindy Molini**
- 3:30-4:00 Closing Worship at Chapel

To Register

Please detach and return registration form (*on the right*) with your payment to the church office or mail to:

Saint Andrew Christian Church
13890 W. 127th Street, Olathe, Kansas 66062

(make checks payable to
Saint Andrew Christian Church)

Call **Debbi Adams**, 913-764-5888 if you wish to pay by credit card.

Attendees will receive a mailing with additional information and directions to Tall Oaks Conference Center.

Registration Form

Name _____

Address _____

Phone _____

Email _____

____ \$90 Early registration (**by April 8**)

____ \$100 Regular registration

____ \$50 Saturday only
(includes 2 meals)

No refunds after April 23, but registration can be transferred to another person.

Scholarships are available - - contact **debbi@sacchome.org** for more information.

____ I would like to contribute to the retreat scholarship fund.
Enclosed is \$_____.

I would like to **carpool** from Saint Andrew
____ 4:30 pm or ____ 5:30 pm (Friday)
____ 7:30 am (Saturday)

Roommate request(s) (if any):

